



### **Before waxing**

- The hair needs to be at least 1/2cm long to be waxed successfully.
- Avoid using chemical exfoliants (AHA or BHA products) at least 48 hours before the treatment.
- Avoid sunbathing, sunbeds, or heat treatments at least 24 hours beforehand.
- Avoid bath oils or body lotions on the day of your treatment.
- If having an intimate wax bring with you a clean pair of underwear to put on afterwards and a clean shirt if having a chest and/or back wax.
- It's advisable to book an appointment every 4-6 weeks and not to shave, use hair removal creams or tweeze between appointments.